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Bangalore Mirror ON SATURDAY

TEMP Max 27 | Min 22 | Humidity 89% Generally cloudy sky with one or two spells of rain Sensex 54,326 | Nifty 16,266 | Gold 50,950 | Silver 65,900 | Dollar 77.54 | Euro 81.79 | GBP 96.75

CITY / PAGE 2

Immersive reading

VR based on Jorge Luis Borges' The Library of Babel

CITY / PAGE 5

Lake it be

NGT stays construction in waterbody which can affect water flow and storage capacity

Despite provisions underground for laying cables, entire trees in neighbourhoods such as Halasuru are covered in wires

WIRETAPPING

No streetlights on one side of Annaswamy Mudaliar Road

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For citizens residing along Annaswamy Mudaliar Road, Gangadhara Chetty Road and Halasuru Road, complaining to the BBMP about incomplete road works and potholes along the stretches, is second nature.

They have complained to everyone who is somebody in the Bruhat Bengaluru Mahanagara Palike (BBMP) to fix their road grievances.

Now, however, they have to continue complaining to the BBMP to find a permanent fix to the cable menace as well. The citizens said the BBMP shall attend to their latest problem only after one or two pedestrians lose their lives waylaid by cables.

The BBMP spent a huge amount to asphalt Halasuru Road and Annaswamy Mudaliar Road. Now the civic body is spending money to develop Gangadhara Chetty Road.

That said, nothing has been done to discipline cable operators or firms to make use of the available facilities for laying their cables and not to exploit hapless trees on these roads to hang cables.

The residents are fed up with cables hanging from trees on the roadside. They consider hanging cables a threat to them. They are afraid of walking on the footpaths of these roads -- that are poorly lit at night -- due to hanging cables. Entire trees are covered in wires — hardly one can see the trunks.

"There are no streetlights on one side of Annaswamy Mudaliar Road (along Halasuru Lake boundary). How do you expect senior citizens to walk on the footpath after 6:00 or 7:00 pm. Hanging cables are not

CONTINUED ON PAGE 11 »

> **"I suspect the police, BBMP and politicians receive bribes from those who are responsible for the cable menace.**
>
> – V Purushotham, Halasuru Rising

When tech holds up relief

As floodwaters devastate life of slum dwellers across Bengaluru, authorities demand GPS-tagged images for sanctioning relief funds

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While almost all areas in the city faced trouble due to Tuesday evening's incessant rain, slums were the worst hit. Hundreds of houses were inundated, rations were washed away, and clothes were damaged in overflowing sewage.

While the slum dwellers were still grappling with these issues, they now have a fresh crisis to deal with. Submitting GPS-tagged pictures of their flooded homes on Tuesday night, to get immediate relief funds from the revenue department of Bruhat Bengaluru Mahanagara Palike (BBMP).

According to the residents, the authorities have asked them to submit geotagged images of every house separately.

"Area revenue officer, revenue inspector and local engineer visited our slum on Wednesday morning to survey the area and understand the gravity of the situation. They assured us of help. However, they came back on Friday morning saying that they have received fresh directions from higher authorities to get location-tagged photos that

CONTINUED ON PAGE 8 »

3 THINGS TO DO

01 In the mood for a drama?

Catch Suits & Lies, a corporate drama depicting the change in human relationships when a consulting team is assigned a new project. The play makes one ponder to what extent we can go to satisfy our needs and wants. This is a fast-paced drama that touches upon many different themes ranging from love, betrayal, and revenge.
Where: Prabhat Kaladwarka Auditorium, Koramangala Club; When: May 21, 5:30 pm, 7:30 pm Tickets: 8660169275

02 Theatre for the soul

Catch Bangalore Little Theatre's latest production 'The Middle Class Gentleman' a comedy, about a social-climbing middle-class merchant, Monsieur Jourdain. He aspires to join the aristocracy by ordering splendid new clothes, engaging in such aristocratic pastimes as fencing and dancing, and learning the language of the noble class. In the process, he manages to make a complete fool of himself, much to the dismay of his intelligent wife. **Where: Alliance Française de Bangalore, Vasanth Nagar; When: May 21 and 22, 3:30 pm, 7:30 pm**

03 Culture Chutney

Indiranagar SOCIAL is all set to host the 7th episode of Culture Chutney in collaboration with The Art and Flea Project, a festival showcasing the best homegrown talents from the city including handpoke tattoo, piercings, and more. Some of the hottest upcoming brands and artists will be there to spoil you silly, along with fun workshops. **Where: Indiranagar SOCIAL When: May 21 – 22, 12 pm – 7 pm Free, https://insider.in/culture-chutney-an-eco-flea-market-may21-2022/event**

An infinite library, at your fingertips

Explore a boundless library through a state-of-the-art, futuristic virtual reality (VR) installation organised by Goethe-Institut/Max Mueller Bhavan

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Citizens can experience the virtual space through QR code games, holograms, 3D-printed objects, audio-visual works as well

Goethe-Institut/Max Mueller Bhavan, Bengaluru is coming up with a virtual reality (VR) installation based on an entire library for citizens to explore this weekend. The Infinite Library, a VR Installation set up at the institute, will give visitors a feel of future libraries.

The experience will be through a gamut of high-end technologies such as QR code games, holograms, 3D-printed objects, audio-visual works, and the project's central piece: a vast VR library set in a cave. The concept is inspired by the novel 'The Library of Babel' by Argentinian writer Jorge Luis Borges, who created a library that was infinite, representing the universe.

Visitors with a headset and hand controller can enter the virtual cave that houses the entire library and will get to experience a vast virtual reality space set in a cave with three virtual rooms. The three rooms are called Library of Shadows with puppetry from Karnataka, Library of Elements with European Alchemy, and Library of Navigation with Polynesian Navigation.

"When a visitor enters the virtual cave wearing a headset, they will encounter a beach with a canoe waiting. The canoe will take the visitor to the open sea with dolphins and other marine animals roaming around," said Sheshagiri Kulkarni, head, library and information, Goethe-Institut / Max Mueller Bhavan.

While the three current pieces are expected to expand in the future, the Institut, through this installation, would like people to immerse themselves in this VR experience and get excited about these new forms of artistic expression that modern technology has to offer.

"Bengaluru is indeed a culturally vibrant, very diverse city and closely associated with the IT industries. The city exudes a lot of openness and embraces new experiments with open arms which is why it is a perfect fit for the installation," said Dr Michael Heinst, director, Goethe-Institute/Max Mueller Bhavan.

While there are no concrete goals within the piece itself, the goal of the project is to create a sense of wonder in visitors.

"We want visitors to leave each installation with a sense that they've explored something amazing and want to return to keep exploring, just as how a library itself works. One never reads all the books in a library in one visit, they must keep coming back to keep exploring, our piece works the same way. At the same time, we do hope to broaden people's awareness about the various knowledge systems we are sharing with them," said Mika Johnson, creative director, The Infinite Library.

> **"Visitors can view a sea with dolphins and marine animals roaming around** – Sheshagiri Kulkarni, Goethe-Institute

The duration of this 3-D virtual experience is about five to eight minutes. The installation is open to all from May 20 to May 22 between 10 am and 7 pm at Goethe-Institut/Max Mueller Bhavan through online registration.

Learn-O-Daya: An online education open to all

Dayanand Sagar University along with Vijaya Karnataka, Bangalore Mirror organises free online CET training

Dayananda Sagar University has announced the launch of Learn-o-Daya season 2 (Free KCET online Coaching Program) on Friday.

The 21-day free CET coaching program taken up under the Dayananda Sagar School Development Initiative (SDIP) is aimed at students appearing for the 12th/II PU and other entrance exams.

The entire online session will be based on concept building and meticulously revising the weightage topics from an examination point of view, rather than focusing on the entire syllabus.

The programme was inaugurated by Dr KNB Murthy (in picture above), the Vice Chancellor of Dayananda Sagar University. Speaking on the occasion, he said that this free high-quality coaching in different subjects would help students to improve their subject knowledge and will increase their scores to join professional programs of their choice. He also gave insights about hacks and tips on how to hone the skills that are actually needed to crack the common entrance exams and to stay academically rewarding. The inauguration was followed by an orientation programme by Dr Srinath from Asthmathguru Educational Solutions Pvt Ltd, where he highlighted the main points of the program.

The KCET coaching class will commence from May 21 where there will be two sessions of two hours each every day. DSU officials said that this session will train students to achieve their academic goals by putting effort in a smarter way.

Register: dsuedu.in/FREECET

— BMB

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All things will come to pass...

... and hopefully, much-awaited Kundalahalli underpass construction will see an end as Palike promises, in 15 days

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Budgeted at Rs 20 crore, the underpass is touted to decongest traffic moving towards Varthur & ITPL Main Road

Bengalureans who pass through Kundalahalli Junction on a regular basis will no longer have to wait too long in traffic, very soon. If all goes well and Bruhat Bengaluru Mahanagara Palike (BBMP) lives up to its word, the Kundalahalli underpass will be ready for those moving towards Varthur and ITPL Main Road and traffic will ease up.

The underpass has already missed several deadlines and the motorists expect the BBMP authorities to honour their commitment to complete the pending work as early as possible.

"We have decided to open the underpass to the public within 15 days and we are confident of completing the pending work without any further delay unless there are incessant rains in the next two weeks," said BBMP Chief Engineer (Projects) M Lokesh.

The BBMP Chief Engineer said that most of the pending work was completed. "We are trying our best not to miss the deadline this time," he said, adding that the BBMP has spent Rs 20 crore for the construction of Kundalahalli underpass.

However, many motorists are not ready to take the BBMP Chief Engineer seriously as the underpass has already missed several deadlines. "Completion of the underpass construction work and throwing it open for the public will be an immense relief for the motorists who have been struggling a lot for more than three years," said JC Reddy, a resident of Meenakshi Layout.

The motorists criticised the BBMP authorities for not taking measures to complete the construction work within the stipulated time. They blame them for not only neglecting the project but also not completing the acquisition of the required land on time.

> **"BBMP engineers worked without a proper assessment of the land and even the funds needed to complete the project**
>
> –Purushotham S, a resident of Kundalahalli

"The underpass project aimed at being done in six months but instead, went on for more than three years. The BBMP engineers have worked without a proper assessment of the land and even the funds needed to complete the project," said Purushotham S, a resident of Kundalahalli.

According to them, BBMP authorities visit the project spot once in a year and failed to take concrete measures to complete the land acquisition to facilitate completion of the underpass. "The construction of the underpass kept getting delayed. It gained momentum only after the then Chief Minister BS Yediyurappa visited the spot in August 2019. I hope the BBMP authorities will fulfil their promise this time in two weeks," said Ramesh Gowda, a resident.

The motorists said that they have to wait for more than five minutes near the underpass to reach the other side of the road due to the density of vehicles during the peak hours.

YOGA AT THE PRISON

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Staying fit: Prisoners perform asanas at Parappana Agrahara Central Prison

On the occasion of the 150th birth anniversary of philosopher Aurobindo Ghose recently, prisoners lodged at Parappana Agrahara Central Prison, had a session of yoga. "The yoga campaign that started on the 150th birth anniversary of Aurobindo Ghose was called 'train the trainers,' where there were 150 convicts who were named as watchmen for all the other prisoners - and who work as assistants to the jail wardens. They would get the training initially and then they would train the other prisoners in batches of 30 in numbers. At present, it's the second batch running, and there are three more batches to go for covering the total number of 150 convict watchmen who would become yoga trainers at prison," said Ranganath, Chief Jail Superintendent.

"These convict watchmen are trained for six days after which they are awarded with a certificate/manual from the organiser that they are capable to train other prisoners and this will be a continuous process," Ranganath added.

Apart from the skill development programs and yoga sessions, the prison authorities recently had a breast cancer screening programme at the prison for its female prisoners. "With the association of the Rotary Club and Sakra Hospital, we had all the women prisoners who were above 40 years of age undergo mammography to screen for breast cancer. There were around 180 female prisoners lodged at the Central Prison where around 60 of them - above 40 years of age were screened, among which one prisoner was referred to the Rotary Hospital for further treatment," Ranganath told Bangalore Mirror.

Along with this, an eye camp was also organised at the prison in association with the Lions Club and Narayana Nethralaya where almost 436 prisoners got tested in both of their eyes, out of which 309 prisoners were in need of spectacles according to jail authorities. Around 17 prisoners were in need of cataract surgeries among which eight of them had serious complications and required hospitalisations immediately. "We are planning to shift all the 17 prisoners with eyesight complications to the Narayana Nethralaya with their consents to undergo the surgery," Ranganath added.

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Homes, flooded
Saraipalya

Houses flooded in Saraipalya due to absence of a proper sewage system. Are the authorities concerned, we wonder.

Road needs repair
Shivajinagar

The road near the famous government VKO School in Shivajinagar is in urgent need of repairs.

Trash alert
Fraser Town

Solid waste and garbage lying on the footpath on MM Road, opposite UCO Bank ATM in Fraser Town

NGT puts halt to construction near lake

State government asked to not undertake any building activity near Yele Mallappa Shetty Lake that can impact it

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The National Green Tribunal, Southern Zone, Chennai, has directed the Karnataka Government not to undertake any construction activities of any public utility services including the laying of roads in Yele Mallappa Shetty Lake that can affect water flow and reduce its water storing capacity.

Disposing of the original application filed by J Jagan Kumar of Banjara Layout, Horamavu, the NGT also directed the state government to take steps through the department concerned to provide vents (box type) to ensure free flow of water into the lake and also ensure flow of water into the lake through the inlets and surplus water through outlets to downstream area to handle the water that the lake receives during rainy season.

The minor irrigation department is constructing a Jack Well Pump House in Yele Mallappa Shetty Lake as part of the irrigation scheme aimed at filling 38 tanks in Hoskote taluk from Medahalli STP using 15 MLC of secondary treated water and 25 MLD of secondary treated water from KR Puram and three MLD of secondary treated water from Kadugodi STP and the government gave its administrative approval for Rs 149.85 crore to carry out these works.

Jagan Kumar had filed an application with the NGT Southern Zone stating that the department has been constructing the pump house and that construction waste and debris were being dumped in the lake.

"After considering the protective measures undertaken to avoid the Jack Well Pump House being inundated when the water level raises in the water body, we feel there is no necessity to direct its removal but this should not be taken as a permission for making further constructions in any of the water bodies in future," the NGT Southern Zone said.

A Jack Well Pump House is currently being built at the lake premises

Surprisingly, the NGT Southern Zone gave five years to the Bruhat Bengaluru Mahanagara Palike (BBMP) instead of Bengaluru Water Supply and Sewerage Board (BWSSB) to complete the underground sewage system and provide necessary STPs to treat the sewage generated around Yele Mallappa Shetty Lake area. Generally, the BWSSB is authorised to construct underground sewer lines or STPs in Bengaluru.

> **"Encroachment of lakes mustn't be allowed** – Jagan Kumar, applicant

Jagan Kumar said he was not happy with the judgment and plans to approach the Supreme Court. "The NGT Southern Zone has partially allowed my application. I want to prevent misuse of not only Yele Mallappa Shetty Lake but also other bodies. The authorities should not allow encroachment of water bodies on the pretext of public purpose," said Jagan Kumar. Belthur Paramesh, a social activist, said the need of the hour is to clear the encroachments on the water body. "The authorities must preventing the flow of chemical effluents and sewage into the lake," said Paramesh.

KTCDA to Pattandur Agrahara lake rescue

Authority asks BBMP to pause building in the lake's buffer zone, will write to BDA to add lake as part of RMP 2015

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In a new development regarding the Pattandur Agrahara lake, the Karnataka Tank Conservation and Development Authority (KTCDA) has issued a notice to BBMP officials to halt ongoing construction in the lake buffer zone. It has also decided to write to the BDA to add the lake as part of RMP 2015.

For years, activists have been fighting against road construction by BBMP alleging violation of the buffer zone. But BBMP has been of the view that there is no violation due to the lake not being present in RMP 2015. Upholding the views of the activists, KTCDA has issued an order asking BBMP officials to halt the road construction work near the lake found in violation of the lake buffer zone.As per the order, BBMP has been instructed to stop all work within 30 metres of the lake boundary (lake buffer zone) stating that it's a violation of the KTCDA Act 2014 and the KTCDA(Amendment) Act 2018. It has also asked the BBMP officials to issue a justification for the construction of the road.

KTCDA CEO C Mruthunjayaswamy told Bangalore Mirror, "It's a local issue and many people want the road constructed in the buffer zone. As per guidelines and court orders, we cannot permit any permanent construction in the lake buffer zone. Environmentalists have been protecting whatever is left of the lake. We have received several petitions from environmentalists and those who want the road constructed. As per rules, we cannot allow any exceptions to the rules and hence we have issued the notice."

KTCDA clarified that a lake remains a lake even if its omitted in RMP.

"Master Plan is only indicative land-usage map. If it's missing from RMP, we will write to BDA to get it added after getting the document from the custodian of the lake. Our intention is to preserve all lakes. We will have to see why the lake was omitted in the first place," he added.

File photo of construction work at the Pattandur Agrahara Lake premises

> **"As per norms, we cannot permit any permanent construction in the buffer zone**
> – C Mruthunjayaswamy, KTCDA CEO

Activists are happy about the decision, they rue the time taken. "We are happy the KTCDA has acted on our petition and reminder. But, we are aggrieved they took so long. Especially when we look at destruction of the natural habitat that the delay in action allowed. Had they done this in December/January, when we brought this issue to their notice, they might have been able to prevent the destruction of the green cover in the buffer zones, and the alteration of the topography that will affect the catchment of the lake," said lake activist, Sandeep Anirudhan who also wrote to KTCDA.

"As per the instruction from KTCDA, we are halting operations. We are implementing road construction as per RMP 2015 where the lake is missing. If it's illegal BBMP would not proceed with construction. We would also respond to the authorities appropriately," said BBMP Chief Engineer (Roads and Infrastructure), BS Prahlad.

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Ring Road boost to realty at Kanakapura

Satellite Ring Road will develop the area; 4-laning of Kanakapura Rd will up connectivity

Properties in Kanakapura Road are set to get a big push as the National Highways Authority of India (NHAI) has taken up the construction of the Satellite Ring Road (STRR). A stretch of the Satellite Ring Road connects Anekal with Kanakapura and then to Ramanagar. While the four-laning of Kanakapura Road is giving a highway connectivity to the localities, the STRR will develop areas in and around Kanakapura.

Sources said that the much delayed STRR project is taking off in phases. This project is crucial in driving away heavy traffic from entering the city while this road will help people travel from one destination to another. This road is also expected to drive the realty of the city with better infrastructure. As the peripheral ring road is still limping in 'infancy', work is being taken up on the other ring road for the city.

This four-laned tolled STRR is set to connect the towns around the city. Interestingly, this ring road will also connect the Hosur region of Tamil Nadu, being the first by-pass road around Bengaluru that will span across another state. NHAI is executing this ring road under the Bharatmala project and connects Dobbspet (Tumakuru road)-Doddaballapur (Hindupur road), Devanahalli (Hyderabad road), Hosakote (Kolar road), Hosur (Chennai road), Anekal (Thali road), Kanakapura (Kollegal road), Ramangar (Mysuru road), Magadi (Kunigal road) and Dobbspet. The total length of this ring road is about 281 km (as against 116 kilometres identified for peripheral ring road and 60 kilometres of the existing outer ring road) in Karnataka and 45 km in Tamil Nadu.

Four-laning work is being taken up at the Kanakapura Road

Currently, the ORR is unable to take the vehicular density. The average density at ORR is almost double at junctions like Hebbal, KR Puram and Goraguntepalya etc.

As per the latest update, the work on two packages Dabaspet-Doddaballapur and Hoskote road work is going on. Though the work started many years ago, it was delayed due to multiple reasons including covid. Currently, 20% of the work is completed. The NHAI plans to award bids to Hoskote to TN border stretch in March next year along with highway construction on the TN stretch. "We have recently issued a preliminary notification that has five packages and it may happen in June next year," an official said.

Meanwhile, NHAI officials said that the four-laning of Kanakapura road will be a big boon for real estate development. This road will be a shorter distance to Coimbatore compared to the existing road via Krishnagiri. The road can also serve as an alternative to Bengaluru-Kozhikode via Chamarajanagar-Gundlupet and Sultan Battery. Many do not prefer to take this road as it is in a bad shape. From Bengaluru, thousands travel on this road as it leads to popular pilgrimage spots like BR Hills and MM Hills. It may be noted that NH 209 starts from Dewan Madhav Rao road in Basavanagudi and touches Vedasandur near Dindigul. The road crosses Cauvery river between Malavalli and Sattegal.

-Prakash VL

Tips to buying a home amidst rising prices

Experts say that a hike in investment activity will likely create more wealth in the long term

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Indians, undoubtedly, have been experiencing record inflation levels with severe pressure on the prices of basic commodities such as food, cooking gas, and petrol.

However, this period also witnessed one of the highest private equity (PE) investments in real estate. According to Savills Research, PE investment inflows in real estate sector stood at $ one billion (Rs 79 billion) during Q1 2022, almost five times the quantum recorded during Q4 2021.

What does this say about the inflation trends, especially in the real estate sector?

Amit Goenka, MD and CEO, Nisus Finance, says, "The rising inflation scenario has a double-edged sword. With inflation rising, interest rates are also rising but so are home prices. So, while loans and homes become more expensive, the rising market will bring in more investors and generate handsome returns for the next five years. Thus, homebuyers should invest as soon as possible before prices start to zoom upwards."

Taming the dragon

While even a marginal increase in housing prices can stall a million dreams of homeownership, it is difficult to quantify the real returns on property investments against rising inflation. Hence, industry insiders advise aspiring homebuyers to plan their investments judiciously over multiple asset classes. Nitin Shanbhag, senior executive group VP, investment products, Motilal Oswal Private Wealth Management, says, "Measuring the overall change in housing prices in India is complex, and hence it is a challenge to get overall performance data since demand tends to vary across cities. But, going by broad estimates, equity tends to be the highest compounding asset class in the long term. For superior long-term wealth creation, adherence to an investment charter, which is the vision document for any portfolio, and a disciplined asset allocation approach is essential."

Commenting on the current inflation trends, he adds, "In the prevailing scenario, sticky inflation has meant that global central banks have resorted to quantitative tightening, consequently leading to rising interest rates and bond yields. For fixed income portfolios, continuing with existing investments in banks, PSU debt funds, and corporate bond funds are unlikely to generate real rate of return. Given the steepness of the yield curve, we suggest following a barbell portfolio approach i.e., having core allocation in high quality accrual-oriented funds with maturities of four to six years, complemented by around 30 per cent allocation towards long maturity and high-quality roll down strategies. The barbell approach can be best executed through target maturity funds such as Bharat bonds and debt funds, which invest in a combination of AAA, PSUs and SDLs. To enhance overall fixed income yield, a multi-asset strategy (which includes equity, fixed income, gold) would need to be included in the portfolio."

For those looking to maximising the equity market to build their homeownership corpus, Shanbhag advises, "From an equity market perspective, the initial phase of interest rate hikes typically means that economic growth has started to recover. While the market is likely to stay range bound in the short-term given the geopolitical crisis, the long-term vision for the Indian economy and domestic equities is positive. Market fundamentals remain robust given healthy balance sheets, low debt-equity and improving ROEs leading to steady earnings' growth outlook. Some sectors will benefit from rise in commodity prices; some will be negatively impacted while others will be neutral. So, it is important for equity portfolios to have a blend of investment styles through growth and value. We suggest opting for Multicap oriented strategies with select allocation to mid and small cap strategies."

Home or stocks?

With many listed real estate companies offering good real returns to beat inflation, the question before many is whether they to invest in a property asset of real estate stocks. Abhishikta Munjal, chief risk officer, IIFL Home Finance, weighs in, "As per the RBI's Housing Price Index, average home prices have risen by 10 per cent between FY 2011 and FY 2021. Further, the growth observed in home prices was higher in the former half of the decade. Increasing inflation leads to an increase in housing prices. Rising inflation has made an impact in the loan interest rates being offered by multiple institutions. To hedge the investment risk, investors are advised to carefully assess the market and divide their portfolio. One can invest in power industries, IT sector, and lending institutions. Housing prices are expected to grow soon, and so, it is advisable to invest in physical properties for long-term wealth creation. Physical properties are less volatile than real estate stock."

—Times Property

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Music as faith

Another musical visionary has left the arena in the passing of santoor virtuoso Shivkumar Sharma. When such colossal cultural giants move on to the realm of legends and cherished mixtapes, the massive vacuum they leave behind in the collective swells up further with no contemporaries to replace them.

I recall the same recurring thought when doyens of Hindustani classical music left us in the recent past — from late 90s to now, a league of extraordinary musicians that represented an era left the scene leaving their unique musicalities linger as though in search of younger generations to be inspired, take the reins and carry forward the tradition. Nevertheless, it feels as if their poised alaps still reverberate in the ruins of ancient monuments that reflect the great cultural confluence of a bygone era, now on the brink of abandonment or perhaps even purge.

The santoor, it is said, has its origins in west Asia often played as part of the Sufi tradition. I recall buskers with santoors on the streets of Ankara, Turkey, playing the instrument in a rather curious style — almost hammering the strings with oversized mallets creating a sort of trance loop resonating in the boulevards. I was not accustomed to this way of playing the santoor at the time. Later, I came to know that Pandit Sharma of Jammu was the first musician to have played and popularised the santoor as we have heard it, training under his father, heralding its use in Hindustani classical traditions.

The trapezoid, multi-stringed santoor, somewhat resembling a guitar without a neck, is played by a pair of mallets using both hands.

Sharma was a trained percussionist who accompanied sitarist Ravi Shankar on the tabla in many concerts before being known as the innovator of the santoor. Sharma's santoor is truly an Indian musical innovation — quite the feat for an Indian master. Santoor is like the xylophone or vibraphone, often used in jazz, which are perhaps the western equivalent to the instrument. Though a stringed instrument, it is played using small hammers or mallets as though it were a drum rather than by a pick, bow or plucked by fingers, as is the case with most stringed instruments.

Interestingly, the piano is a tad closer as it is also made to resonate by soft hammers of sorts triggered by specific keystrokes making it a stringed and percussion instrument at the same time. So, Sharma being a tabla exponent, immensely helped his explorations and innovations of the santoor along with fellow musicians.

Perhaps delicate is the word that can explain the sound of santoor in Hindustani classical music, often

played by the musician in a seated position on the floor as the instrument rests on the player's thighs.

The peculiarity of musical giants such as Sharma and many others whom we have lost along the way, who passed on in the past couple of decades or so, is nothing greater represents a syncretic India than their personal and intertwined musical journeys in this great nation's, or rather the subcontinent's, contemporary cultural history — a long list of musical pioneers, some who straddled genres and experimented, such as Nusrat Fateh Ali Khan, Begum Akhtar, Mehdi Hassan, Amir Khan, Annapurna Devi, Kumar Gandharva, Bhimsen Joshi, Mallikarjun Mansur, Bismillah Khan, Ravi Shankar, Gangubai Hangal, Kishori Amonkar, Jasraj to name a few alongside many living legends who are striving to carry forward a musicality and its nuances, visibly under threat.

What Sharma did to the santoor is breathe Hindustani music into what was considered a Sufi instrument. Essentially, the innovation became Sharma's seminal contribution to a musical tradition that emerged in India — a tradition that flourished as a result of assimilation of cultures that crossed paths in this geography. Even though both the Hindustani and Sufi traditions in these parts are intertwined, both traditions have different approaches or philosophies to what constitutes music. Perhaps one could argue that the santoor as an instrument came of its own in the mallets of Sharma — the sublime sound of the instrument brought to the fore which was otherwise, perhaps, lost in an accompaniment.

The subtleties of the ragas perfectly blended with the instrument and gave the trained listener the feeling that the tradition has been passed on for thousands if not hundreds of years, now perfected by Sharma's hands.

In these tumultuous and emotionally charged times, if one seeks an introduction of what is Indianness in earnest, a peek into the lives of many of the aforementioned artists, including that of Sharma's, would be hugely educational than rummaging in the dark and dirty recesses of social media to learn what constitutes Indianness.

This Indianness, and not the othering you see, is precisely why Ustad Zakir Hussain as the pallbearer of the late santoor master emerged as a defining news photo.

Water recedes, but slush and stink linger

Residents struggle to fix their slush-filled homes; BBMP comes up with plans

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TWEETS @sridharVMIRROR

After days of rainfall, it was 'hide and seek ' weather in the city on Friday as Bengalureans experienced both drizzles and sunshine on the day. Though the water level was receding in many parts of the city, the task for the residents still looms tall. Many were busy removing the slush from the houses, but the stinking due to sewage entering houses, they can't do anything about.

BBMP Chief Commissioner Tushar Girinath said that it was tough for BBMP also as a week's rain had poured in the city in two hours. "We cannot prevent nature's fury but we want to be careful that flooding should not happen due to man-made problems. We may have to widen the rajakaluves and increase the height of the drains. As of now, our priority is to clean rajakaluves and storm water drains which will ensure smooth flow of water," he said.

No construction near lake beds: CM

Meanwhile, Chief Minister Basavaraj Bommai inspected rain hit areas for the third day.

He had to face the wrath of the Bengalureans as BBMP had failed to help people.

Later, Bommai said that the construction of houses on lake beds would not be allowed.

During his inspection of rain affected Nagappa Layout in Ramamurthy Nagar in KR Puram Assembly, he told media persons,

Many had the tough task of cleaning up after the rain fury

"The notification allowing construction of housing layout on lake bed has been cancelled. There is no question of sanctioning any layouts on lands notified as lake beds. It has also been decided to constitute a Task Force for each of the eight BBMP zones in the City. Each Task

BBMP chief says there is plan to widen rajakaluves and increase height of drains

Force would be headed by a minister and it would consist of local MLAs, MPs, MLCs and senior officials as its members. These Task Forces would oversee the development works, relief operations during flooding and other emergencies. Orders in this regard would be issued today itself."

About frequent floods in the Nagappa Layout, Bommai said that a large volume of water flows into Hebbal valley from Yelahanka and Hebbal. So, it has been decided to set up additional STP plants in flood prone areas. Horamavu has been prone to floods and one of the reasons is due to a narrow railway over bridge.

"We have decided to extend and widen the drain further down from the railway over bridge at a cost of Rs 42 cr to enable smooth flow of drain water. Tendering process would be initiated soon and work would be completed by next February. Permission would be sought from ITI authorities for land to extend the stormwater drain by another 900 metres. This would ease the flooding problem in a few layouts of Ramamurthy Nagar. Buildings have come up on drains in some parts here and authorities have been instructed to clear them," the CM said.

Relief only for tech savvy?

CONTINUED FROM PAGE 1

will have to be uploaded with other documents for immediate relief funds from the BBMP," said Rajesh of Nagamma Colony, a slum locality in Cottonpete.

Slum dwellers complained they are not well-versed with technology to provide GPS-tagged pictures. Moreover, many do not even have a picture of their waterlogged houses.

"We were busy saving our belongings when the water gushed into our homes. We had to drain the water out and clean our houses. In that rush, many households that were flooded did not click pictures. Moreover, the slum population is not particularly tech savvy. The officials are now saying they are not sure if the applications will get approved since there are no geotagged pictures," said Manjula from Narsimha Colony.

According to Malarvizhi M, programme officer, ActionAid Association, an organisation working with slum dwellers, this appears to be a new rule that was not brought up before.

"This is the third time in the last year that these slums have faced flooding. They had submitted applications for relief measures earlier too, but this requirement was not highlighted then," said Malarvizhi.

Most of the population in slums are daily wagers and they have not been to work in the last few days. Local residents said as authorities, including the Chief Minister, are visiting gated layouts and societies to take stock of the situation, those living in slums have been left to fend for themselves. Left high and dry, the slum dwellers are now buying drinking water and food.

"We are busy cleaning the houses and making sure that our children and elders are fed and do not fall sick. While the children are getting two meals a day, adults are surviving on one meal. There are around 20 senior citizens in the locality; in the absence of clean and dry clothes they are left shivering in the cold. Some of the elderly have various health issues; we are worried for them," said Jansi, another resident of Narasimha Colony.

According to BBMP's revenue department, copies of Aadhaar card, BPL card, ration Card, bank passbook and GPS-tagged pictures are required for every application for relief funds provided with regard to Tuesday's rain damages.

"We have been directed to pick GPS latitude/longitude pictures for the applications. While we are uploading the applications without pictures as well, they will be reviewed by a committee before approval. If the slum residents delay in submitting the documents or do not furnish all the documents, we will not be able to help them," said a BBMP revenue officer.

Slum Mahila Sangatane, in association with Slum Janara Sanghatane, has now decided to take up the issue and has written a formal letter to the BBMP commissioner and joint commissioner of South zone.

More trouble for former Mysuru DC

The Bommai government on Friday ordered an investigation against senior IAS officer Rohini Sindhuri on the allegations levelled against her by JD(S) leader SR Mahesh during her tenure as the District Commissioner of Mysuru.

James Tarakan, Undersecretary of the Department of Personnel and Administration Reforms (DPAR) issued the orders and Bengaluru Water Supply and Sewerage Board (BWSSB) President and senior IPS officer N Jayaram has been appointed as the investigation officer.

It has been directed to submit the report within 30 days. The move is said to be a setback for Sindhuri who is known for her upright and don't-care attitude towards politicians. She is presently working as the Commissioner of Hindu Religious Institutions and Charitable Endowment Department.

Sindhuri has confronted state political heavyweight HD Revanna, the son of former PM HD Devegowda and elder brother of former Chief Minister HD Kumaraswamy during her tenure as the Hassan District Commissioner.

After taking charge as the Deputy Commissioner of Mysuru, she took a slew of measures which made her popular in the district. But, soon, she antagonised powerful politicians from the district. SR Mahesh, JD(S) MLA and a close confidante of Kumaraswamy, made a series of allegations against her in connection with the purchase of cloth bags for students, renovating her official residence, which is a heritage building, building a swimming pool, gym, and she is also charged with providing false statistics of Covid-related deaths.

Mahesh had raked up the issue regarding the purchase of sub-standard bags and demanded investigation against Sindhuri in the State Assembly for making a unilateral decision to purchase bags for the price of Rs 52 alleging that the same bags are available in market for Rs 10 to 13. Sources say Sindhuri is allegedly backed by a top leader in the BJP in New Delhi.

However, the ruling BJP – which managed to attain power in Mysuru City Corporation for the first time after Independence with the help of JD(S) -- has come under tremendous pressure to transfer her from the post of DC of Mysuru district. **– IANS**

Sindhuri (file) has been charged with a cloth bag scam, faking number of covid deaths & others

Canadian MP who made K'taka proud

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It was a historic day for the state as Karnataka-origin Canadian MP Chandrakanth Arya spoke in his mother tongue Kannada at the Canadian parliament.

Today, as a Canadian Liberal politician, Arya represents Nepean in the House of Commons and is now serving the North American country as a member of the Standing Committee on International Trade.

His family members recall that when Arya had landed in Canada in 2013, he knew no one in Canada. However, in the next few years, he made his mark in politics.

His brother Srinivas said, "As my father was a government servant, transfers were not new to us. As a result, Chandra had education at multiple locations including Bengaluru, Chitradurga and Ballari. After his graduation, Chandra was working in DRDO and then deputy manager in KSFC and later an entrepreneur. However, he was not happy with a mediocre life. The moment arrived when he decided to shift to Canada with his family."

Arya's sister added that when he arrived on Canadian shores, he had zero contacts but his eagerness to meet people helped him to become a leader.

Srinivas added that Chandra began his career in Canada by working in a private company. He would be involved in a number of programmes. This helped him step into politics.

By the time she visited Canada in 2016, her brother was already a popular leader.

"He was a motivational speaker and encouraged a lot of youngsters. He was focussing more on students from the rural areas. He is a perfect example for any youngster who wants to achieve big in their lives," she said recalling how her brother was instrumental in organising Deepavali, Kannada Rajyotsava and Holi celebrations in Canada. Chandra's father K Govinda Iyer said his son's speech was not surprising to him as he had already laid the foundation stone for promoting Kannada. "I was working as a Commercial Tax Assistant Commissioner and I was one of the first to introduce Kannada in work. Today, my son has made me proud by speaking in Kannada at the parliament."

In the speech that is now viral he said, "... It is a proud moment for five crore Kannadigas that a person born in Sira Taluk's Dwaralu village in Tumakuru has been elected as Member of Parliament in Canada... I want to end my statement with a few words of the song written by RashtraKavi Kuvempu and sung by Nata Sarvabhouma Dr Rajkumar-Elladaru Iru Enthadaru Iru, Endendigu Nee Kannadavaagiru..."

Later, he tweeted, "I spoke in my mother tongue (first language) Kannada in the Canadian parliament.

This beautiful language has (a) long history and is spoken by about 50 million people. This is the first time Kannada is spoken in any parliament in the world outside of India."

A screengrab from the video of Arya's speech that is now going viral

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I, SUJEETH KUMAR SHETTY R/a B5-1601, Elita Promenade, 18th Main Road, JP nagar 7th Phase B'lore 78. I Have changed my name to SUJITH KUMAR SHETTY. Vide affidavit dtd 20-05-22 Sworn before notary B. Sheshagiri B'lore.

I, Abhishek M N, R/o # 7/1, 12th Main Road, Shivanagar, Rajajinagara, Bangalore-560010 Have Changed My Name to Maanvir M for All Purposes, Notary Affidavit 20/May/2022.

WE, Ganapathi M & Divya M,R/o No.77, 9th Cross, 17th Main Road, F.f Layout, Laggere Bridge, Bangalore, Peenya Small Industries, Bangalore-560058 Have Changed Our Minor Son's Name Chinmay G to Lavith G for All Purposes, Notary Affidavit 18/May/2022.

I, Pranith Gowda S/O Lokesh B S, flat-103, Chithaary Aastha, Vijayashree Layout, Bannerghatta Road, Bengaluru 560076 change my name from Pranith Gowda to Pranith Gowda L for all future purposes.

I, Vijayshree Hiremath, R/o No.204, a Block, 2nd Floor, Slr Comforts, Srinivasapura Cross, Ganakallu, Kengeri, Bangalore-560060 Have Changed My Name to Vijaya M for All Purposes, Notary Affidavit 18/May/2022.

I, Sasikala Thankamma W/O, Venu Kumaran R/o #d804, Royale Princetown, Shettihalli, Jalahalli-west, Bangalore-560015 have changed my name to Kalavenu for all purposes.

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I, Sirish Nakkapalli S/O, Syam Kumar Nakkapalli R/o #55/11, 3rd Main, 2nd Cross, Kasturiba Nagar, Mysore Road, Bangalore-560026 have changed my name to Shireesh Nakkapalli for all purposes.

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I Sandhya Kiran Subramanyam R/a # 34(66) 18th Cross Malleshwaram Bangalore-560055. I have changed my name to SANDHYA KIRAN. Vide affidavit dt: 19/05/2022. Sworn before Notary : B Chitra

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Haywire along Halasuru

CONTINUED FROM PAGE 1

visible after 7:00 pm due to lack of streetlights on this road. I want the BBMP authorities to fix this issue as early as possible,'' said Uday Bali, a resident of Annaswamy Mudaliar Road.

Karan Singh, a resident of Aga Abbas Ali Road, complained that hanging cables are visible at all places in and around Halasuru and nearby areas. "The hanging cables pose danger to our lives. We do not know how the BBMP authorities allowed telecom service providers to draw cables overhead, pulling the cables through tree branches and the canopy. I think drawing cables on trees and electric poles is illegal,'' said Singh.

Criticising BBMP authorities for not removing the hanging cables from roadside trees, V Purushotham of Halasuru Rising Residents Welfare Association said 'ugly cables have been dangling, nailed or tied to everything available'.

"I am of the opinion that we have to register first information reports (FIRs) against the people responsible for this, like how police register cases against those responsible for putting up flexes and banners. I suspect the police, BBMP authorities and politicians receive bribes (money) on a monthly basis from those who are responsible for the hanging cable menace. There are ducts laid underground at a huge cost on Smart City roads but are not utilised as they need to pay for the same. It is cheaper to bribe officials and be unaccountable,'' said Purushotham.

Meanwhile, BBMP assistant executive engineer Bhima Naik said that no one has complained to him about the hanging cables. "I will direct my subordinates to remove the hanging cables from roadside trees on Annaswamy Mudaliar Road, Gangadhara Chetty Road and Halasuru Road,'' said Naik.

SC steps in, paves way for BBMP polls

Asks delimitation of wards, determination of OBC quota in Palike be notified in 8 weeks

The Supreme Court Friday said that necessary notifications regarding delimitation of wards and determining reservation percentage for the Other Backward Classes (OBCs) in the Bruhat Bengaluru Mahanagara Palike (BBMP) be notified within eight weeks.

The apex court also noted that the process of delimitation of wards is at the "final stage" and formal notification will be issued shortly by the state.

The top court said it has been urged before it that the state may be permitted to issue notification regarding delimitation within eight weeks.

A bench of Justices A M Khanwilkar and J B Pardiwala observed that the state has also assured to put in all efforts to ensure that the work assigned to the dedicated commission concerning the determination of reservation would be completed within the same time.

"The assurance given on behalf of the state is placed on record and is accepted," it said.

The bench said that necessary notifications regarding delimitation of wards or be it for determining reservation percentage for the newly constituted corporation be completed and notified, not later than eight weeks from today.

The top court was hearing a plea related to conducting polls for the BBMP, whose term ended on September 10, 2020.

The apex court said the Karnataka State Election Commission (SEC) shall thereafter commence the preparatory exercise for conducting elections to install the newly elected body of the greater Bengaluru Corporation, constituted under Bruhat Bengaluru Mahanagara Palike Act 2020.

It said the SEC can commence that exercise within one week from the date of notification of delimitation of wards and/or determination of reservation to be provided for OBCs based on recommendations made by the dedicated commission, whichever is later.

The bench said once the SEC initiates the process, it must take the same to its logical end in accordance with law as expeditiously as possible.

The apex court posted the matter for further hearing on July 22.

Earlier, the Karnataka government had sought an urgent hearing of its pending plea against the high court verdict asking the SEC to hold elections in 198 wards of the BBMP.

The apex court was earlier told that the five-year term of the civic body had expired in 2020 and there was an urgency as the poll process had been stayed by the top court.

The high court verdict of December 4, 2020, had asked the SEC to hold the election within six weeks.

The state government had moved to the top court, challenging the high court order which directed the BBMP polls as per a delimitation notification of September 23, 2020, instead of the 243 seats as mentioned in the Karnataka Municipal Corporation Third Amendment Act (2020). **PTI**

HEALTH TIP: Eggplants are high in anthocyanins, a pigment with antioxidant properties that can protect against cellular damage

Bitter gourd is packed with polyphenols which have the ability to lower inflammation

BangaloreMirror | 12
Saturday, May 21, 2022
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How green is your garden?

As experts reveal we should do more to help the planet in our outdoor spaces, find out how it's done

When it comes to being more eco-friendly, what are the first things that spring to mind? Perhaps it's the car you drive, the food you eat, or the plastic waste you produce.

But experts reveal we're missing a trick. One of the easiest ways to go green is in your garden.

"The trend for manicured gardens, with large patio areas and fake grass in place of the real thing, can mean our outdoor spaces aren't as 'green' as we may think," says horticulturalist Anne Britt (annebrittdesign.com). "But a few simple tweaks can change all that."

Interest in all things eco is high, so if you want to get greener in your own garden, our experts reveal how it's done.

Turn off the tap

Consider how and when you water your garden, says Rebecca Bevan, senior consultant at the National Trust.

"We should all have a water butt because rainwater is better for plants," she says. "It's also best not to waste tap water."

Grey matters

Rebecca advises us to make use of "grey water" - washing up or bath water.

"It's great for watering plants, especially if you use the mildest detergents possible."

Woodchip wonders

Avoid planting hanging baskets as they need a lot of water, says garden designer Emma Reuvers (wildedgegardendesign.co.uk). And clever wood chip placement can cut your water consumption.

"You can set borders with a thick layer of woodchip mulch, rather than bark, which helps keep water in the soil. The mulch also feeds the soil as it breaks down."

Know your soil

By sticking to the right plants for your type of soil, nature will help, with less need for watering or chemicals.

Emma says: "The biggest factor is whether soil is heavy clay and holds lots of moisture, or whether it's sandy and free-draining. You can usually tell this just by handling it. Many plants really need the moisture to stay healthy while others might only survive the winter if the soil is dry."

Welcome weeds

You may be constantly yanking out weeds, but Emma urges us to let them linger.

"Weeds provide food and habitat for wildlife," she says. "And if you've got grasses or plants with structural seed heads, leave them standing. They add interest and birds collect the fluff for nesting."

Wean off weedkiller

"Insecticides don't just kill the insects you are trying to control but affect many others," says Rebecca. "Try to tolerate a little damage from aphids and caterpillars - these will be food for birds and other creatures - or net vegetable crops to keep pests away.

"If some plants are badly affected each year, swap them with something more resilient, rather than waging war with poisons."

Home for insects

With bees and bugs forming the basis of the food chain, a bug-friendly space is beneficial. It can also be rewarding to watch nature in action.

Help insects out by leaving a few untidy corners of the garden with nettles, piles of stones, a log or bamboo canes.

"Be aware any space could be a habitat and tread a bit more lightly," says Emma. "Hide stacks of prunings from bushes behind other shrubs.

"You can't see them, but they create a habitat."

Clean green

Regular jet washing can cause drainage issues and threaten plant life, as well as disturbing wildlife habitats. "Brushing occasionally with a stiff broom is better for the environment," says Rebecca. "Moss and vegetation between paving stones can be attractive and provide hiding places for insects."

Grow your own

Why not try cultivating some herbs and veg? "The easiest way to start is with perennial herbs," says Rebecca.

"Rosemary, sage, thyme, mint and oregano are all good options. They look great and you can use them for cooking, saving on plastics from the supermarket.

"Choose garden plants you can use in salads too, such as granny's bonnet and nasturtiums."

—Daily Mirror

MIRRORLIGHTS

Facing a dating app burnout? Switch to slow dating

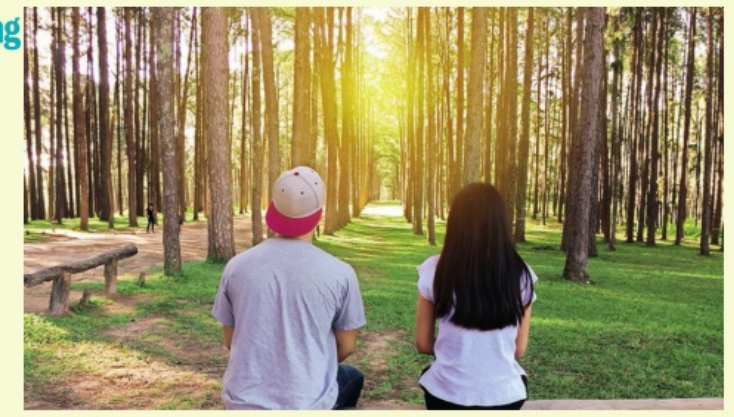
Are you tired of going through endless matches without actually meeting your soulmate? Are you frustrated by going on multiple uneventful first dates or otherwise hitting a wall with your efforts? Well, chances are you may be experiencing what they call a dating app burnout. Now, you can either consider taking a step back from dating or you can try slow dating. Curious? Keep reading to know all about what slow dating means.

What Exactly Is Slow Dating?
Slow dating means exactly what it sounds like: it's when people take the time to get to know each other, and build a connection rather than rushing into things. It also means that you cannot see multiple people at the same time and are supposed to focus your time and energy on one person at a time.

How Does It Work
Slow dating isn't one-size-fits-all, so don't spend too much time worrying about guidelines and rules. Just ensure that you spend enough time talking to your partner, getting to know them, and are sure about the relationship, if you decide to go ahead.

Allows You To Think Things Through
If you're someone who gets blinded by initial attraction and chemistry, gets way too invested early on, and rushes through the initial stages of dating, slow dating might be just the thing for you. It's a smart strategy to keep your head on, and take things slow without letting your feelings get in the way.

Lets You Build Meaningful Connections



One of the many benefits of slow dating is that it allows you to remain mindful in assessing the quality of the connection you seem to be building with the other person. And, it gives you the freedom to focus on one person at a single time and see if you're interested in them.

Saves You From Trouble
We've all been in that relationship where we threw ourselves in and were heartbroken when it ended a few months down the line. Taking it slow will not only save you from heartache, but will also allow you to understand your partner better. Apart from this, remember that we aren't asking you to not enjoy your relationship, just move at a pace that feels comfortable.

— Ravina M Sachdev, Femina

All problems solved

Dear Coleen

I'm 28 and had my first child nine months ago. My problem is that I seem to have been abandoned by my group of close girlfriends. I've known some of them since school and feel hurt that they continually do things without me, which I assume is because I have a baby now. Our partners still go out together and none of the lads seem to think it's an issue that my boyfriend also has a baby! I've found out they've just booked a summer holiday together and again, they didn't think to invite me. It's like I suddenly don't exist. I probably couldn't have gone, but it would have been nice to be asked. I haven't fallen out with any of them and they pop over and see the baby or we meet for!

COLEEN SAYS

Well, I totally understand why you feel left out.

Look, it might not be intentional - they might assume you're in a different zone at the moment and your priorities lie elsewhere.

I think it's quite normal when you have a child to see your friends who don't have kids a bit less because you're at a different stage in life and your priorities are different.

Interestingly, I usually get letters from friends in the opposite situation - unhappy because their friends with kids have disappeared in droves and they feel left out.

I think you have to take the initiative and suggest nights or days out. Also, be honest about how you feel - ask them to keep including you in plans, even though you might not always be able to join in.

And make some inroads with other young mums. When my boys were very young, I really relied on other mums for friendship and support.

—Coleen Nolan, Daily Mirror

Kohli & the wonders of a positive frame of mind

Finally Royal Challengers Bangalore Star batter back in form to give team a chance

#MUMBAI

After his match winning half-century against Gujarat Titans, Royal Challengers Bangalore star batter Virat Kohli said that he batted for 90 minutes in the nets and was trying to get into a positive frame of mind with every ball he played.

A knock of 73 off 54 not only brought a struggling batting great back to his form, but also helped RCB clinch an important win over Gujarat Titans by eight wickets as they chased down the target of 169 set by GT to keep their playoffs hopes alive, with captain Du Plessis (44) and Glenn Maxwell (40*) putting other valuable contributions for Bangalore. "The standout was my preparation for yesterday. I batted for 90 minutes in the nets. I was trying to get into a positive frame of mind with every ball I played. I was just watching the ball and reacting to it, instead of thinking that it seams, swings or turns. I was telling myself to take the most positive option I could. I extended that into my game today. There are moments when you feel doubtful, but when the bowler runs to deliver a ball, you have to watch it and hit it," said Kohli during a post-match discussion with his opening partner and captain Faf Du Plessis. Kohli admitted that this season was a challenging time for him and that he had experienced everything that he could not control on the field to the fullest.

Du Plessis remarked that it was great the way Kohli handled himself during these challenging times, adding that his intensity on-field during the match was GT was special. On opening the batting, Du Plessis said, "I think first few overs are extremely important."

TRACKING IPL 2022

Virat Kohli and Faf du Plessis during the Indian Premier League 2022 match

RCB fans make a record

Athlete Dutee Chand participates in an Royal Challengers Bangalore (RCB) event

Royal Challengers Bangalore fans on Thursday scripted a new Guinness World Record feat for completing maximum runs between the wickets in an hour at #12thManTakeover, organised at Jayamahal Palace in Bengaluru.

A huge group of 187 RCB fans came together to establish a new official record as they completed 823 runs between the wickets on a 22-yard cricket pitch set up at the venue.

Royal Challengers Bangalore were the first T20 team to be placed in the Top-10 list of the most popular teams in the world on social media. RCB have consistently focused on creating curated experiences for fans. This time, they have taken it to the next level and created a world record in the presence of the top Indian sports personalities Asian Games Medalist sprinter Dutee Chand and Olympic Bronze medalist hockey player Rupinder Pal Singh.

Sidhu surrenders, sent to Patiala jail

#PATIALA

Congress leader Navjot Singh Sidhu surrendered before a court here Friday and was sent to the Patiala central Jail, a day after being sentenced to one-year rigorous imprisonment by the Supreme Court in a 1988 road rage death case.

Senior advocate HPS Verma, who accompanied Sidhu to the court, said the former Punjab Congress president surrendered before the court of Chief Judicial Magistrate Amit Malhan, who signed the conviction warrant and ordered him to be sent to the jail. The 58-year-old surrendered shortly after 4 pm, and was taken for the mandatory medical examination, conducted at the Mata Kaushalya Hospital. After the medical check-up, he was taken to the jail in a police jeep. Some party leaders including Navtej Singh Cheema, Ashwani Sekhri, Hardial Singh Kamboj, Pirmal Singh and Sidhu's supporters accompanied him from his home to the court, which is close to his residence.

Patiala is the native town of the former India cricketer.

Cheema drove Sidhu, who was dressed in a blue-coloured 'pathani suit' to the court in a Toyota Land Cruiser. -PTI

Navjot Singh Sidhu on his way to surrender before the court

Pegasus: SC extends time for probe report

#NEW DELHI

The Supreme Court Friday extended the time for submitting the report by the apex court-appointed technical and supervisory committees to look into the Pegasus row, saying 29 "infected" mobile phones are being examined for the spyware and the process should be over in four weeks.

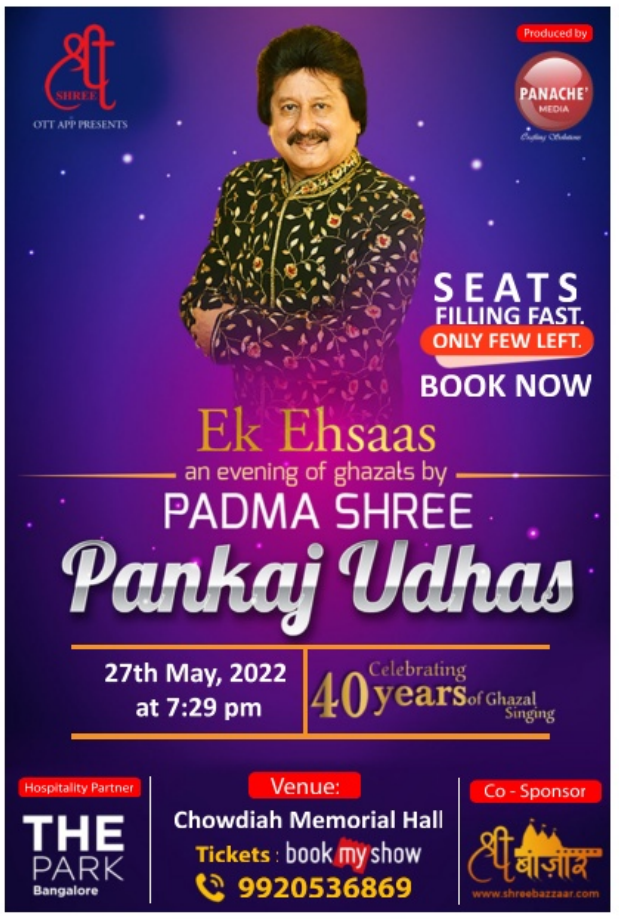
A bench headed by Chief Justice N V Ramana said the technical committee has been examining mobiles for the spyware and has also recorded statements of persons including some journalists and activists.

Standard operating procedure for testing the 'infected devices' will be finalised too, it said, adding the probe by the technical committee may be over by the May end and then the supervisory judge would be making a report for the perusal of the bench.

Referring to the receipt of an interim report, the bench, also comprising justices Surya Kant and Hima Kohli, said that the technical committee, which has received 29 mobiles for examining the spyware, has developed its software for this purpose and issued notices to some government agencies and individuals including journalists.

"It has prayed for time to submit its report. Now, it is under process. We will give them time," it said. -PTI

Use of the Israeli spyware Pegasus has created a furore in the country



PVR CINEMAS {Phoenix Market City, 9:40, 10:25 a.m., 12:45, 1:15, 3:20, 3:50, 6:55, 10:00 p.m. | Forum Mall, 9:15, 9:40 a.m., 12:45, 3:10, 3:50, 6:55, 9:40, 10:00 p.m. | Orion Mall, 9:15, 9:40 a.m., 12:45, 3:10, 3:50, 6:55, 9:40, 10:00 p.m. | Orion Uptown Mall, 9:40 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | MSR Regalia Mall, 9:40 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | Spirit Mall, 9:00 a.m., 12:05, 6:35, 9:40 p.m. | Arena Mall, 9:40, 10:35 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | VR Mall, 9:10, 9:40 a.m., 12:15, 12:45, 3:20, 3:50, 6:25, 6:55, 9:30, 10:00 p.m. | Vaishnavi Saphire Mall, 8:55 a.m., 12:25, 3:30, 6:35, 9:40 p.m. | Vega City Mall, 9:10, 9:40 a.m., 12:15, 12:45, 3:20, 3:50, 6:25, 6:55, 9:30, 10:00 p.m. | The Cinema @ GT Mall, Magadi Road, 10:15 a.m., 3:50, 6:55, 10:00 p.m. | The Aura, Whitefield, 12:30, 6:55, 10:00 p.m.} | INOX {Garuda Mall, 9:50, 10:35 a.m., 12:50, 3:50, 6:55, 9:15, 10:00 p.m. | Swagath Mall, 10:10 a.m., 4:05, 10:00 p.m. | Central Mall, JP Nagar, 9:25 a.m., 12:30, 6:25, 9:30 p.m. | Lido, 9:10 a.m., 12:15, 3:20, 6:25, 9:30 p.m. | Forum Value Mall, 9:40, 10:50 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | Mantri Mall, 9:40 a.m., 12:35, 3:40, 6:45, 9:00, 9:50 p.m. | Brookefield Mall, 9:45 a.m., 12:50, 6:45, 9:50 p.m. | SBR Horizon, Seegehalli, 9:30 a.m., 12:35, 3:40, 6:45, 8:50, 9:50 p.m. | Garuda, Yelahanka, 9:50 a.m., 12:55, 6:45, 9:50 p.m. | Galleria Mall, RMZ Yelahanka, 9:20 a.m., 12:25, 3:30, 6:35, 9:40 p.m.} | CINEPOLIS {Royal Meenakshi Mall, 9:45, 11:30 a.m., 12:35, 2:40, 3:40, 5:45, 6:45, 9:50 p.m. | ETA Mall, Binny Mill, 9:40, 11:00 a.m., 12:40, 3:40, 6:40, 9:40, 10:40 p.m. | East Orion Mall, 9:40 a.m., 12:40, 3:40, 6:40, 9:40 p.m. | Shantiniketan, 11:00 a.m., 2:10, 5:20, 8:30 p.m. IN DOLBY ATMOS :- 9:40 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | SJR Spectrum Mall, 9:40 a.m., 12:40, 1:45, 3:40, 6:40, 9:40, 10:00 p.m. | Sigma Mall, 9:55 a.m., 1:45, 7:05, 10:05 p.m.} | GOPALAN {Innovation Mall, 1:15, 5:15, 9:30 p.m. | Arcade Mall, 10:00 p.m. | Signature Mall, 2:15, 7:15 p.m. | Grand Mall, 10:30 a.m., 6:00, 10:00 p.m. | Legacy Mall, 10:15 a.m., 2:15, 6:30, 9:45 p.m.} | INNOVATIVE MULTIPLEX {Marathahalli, 9:50 a.m., 12:45, 3:45, 6:45, 9:40 p.m.} | KINO CINEMAS {Seegehalli Road, 1:20, 9:30 p.m.} | MUKTA A2 CINEMAS {Uttarahalli, 2:30, 10:00 p.m.} | SWAGATH SHANKARNAG, 12:00, 5:15, 10:00 p.m. | VINAYAKA THEATRE {DJ Halli, 2 Shows} | LAKSHMI THEATRE {Tavarekere, 4:00, 10:00 p.m.} | CAUVERY THEATRE {Sankey Road, 4 Shows} | ANAND THEATRE {Tanny Road, 3:30, 7:00 p.m.} | ABHINAY THEATRE {K G Road, 3 Shows} | SANTOSH THEATRE {RPC Layout, 4 Shows} | BALAJI THEATRE {Chikkakallasandra, 2 Shows| ANJAN THEATRE {Magadi Road, 10:15 a.m., 7:15 p.m.} | VAIBHAV THEATRE {Sanjay Nagar, 4:30, 9:30 p.m.} | HMT AUDITORIUM, 1:45, 7:15 p.m. | URVASHI THEATER {Lalbagh Road, 6:00, 9:30 p.m.} | RENUKA PRASANNA THEATRE {J. P. Nagar, 1:30, 8:45 p.m.} | CINEPOLIS {City Centre Mall, Mangalore, 10:00 a.m., 1:00, 4:00, 7:00, 10:00 p.m.} | PVR CINEMAS {Fiza Mall, Mangalore, 9:40 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | Forum Mall, Mysore, 9:40 a.m., 12:45, 3:50, 6:55, 10:00 p.m. | Garuda Mall, Mysore, 9:00 a.m., 12:05, 6:35, 9:40 p.m.} | INOX {Central, Manipal, 10:00 a.m., 1:00, 4:00, 7:00, 10:00 p.m. | Satyam Mall, Mysore, 9:45 a.m., 12:45, 6:35, 9:40 p.m. | SS Mall, Tumkur, 10:10 a.m., 1:10, 2:10, 3:30, 6:35, 9:40 p.m.} | BHARATH CINEMAS {Mangalore, 10:30 a.m., 1:15, 10:00 p.m. | Manipal, 10:30 a.m., 1:15, 4:30, 7:00, 10:00 p.m. | Shivamoga, 10:45 a.m., 7:15, 10:00 p.m. | Kundapura, 10:30 a.m., 1:15, 7:00, 10:00 p.m.} | CINE GALAXY NOVA CINEMAZ {Mangalore, 4 Shows} | SP CINEMAS {Mangalore, 4 Shows} | DRC CINEMAS {Mysore, 3 Shows} | SRI BALAJI DELUXE {Myosre, 4 Shows} | MOVIETIME {Davangere, 10:00 a.m., 3:00, 10:30 p.m.} | TRINETRA THEATRE {Davangere, 4 Shows} | MANJUNATHA {Shivamoga, 4 Shows} | RR CINEMAS {Bellary, 4 Shows} | NATARAJ THEATRE {Bellary, 2 Shows} | JAYALAKSHMI THEATRE {Mandya, 2 Shows} | SRI LEKHA THEATARE {Chikkamagalur, 5:45, 8:45 p.m.}.

FOR ANY CHANGES OR CANCELLATION IN SHOW TIMINGS, PLEASE CONTACT THE THEATRE

SCAN THIS QR CODE TO BOOK YOUR TICKETS NOW

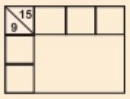
farnazfever

SOLVE IT IN A MINUTE

In a restaurant there were 1 owner, 3 cooks, 5 servers, 24 3-legged tables and 4 4-legged chairs at each table. If the total number of legs at a specific time was 480 how many customers were in the restaurant at that time?

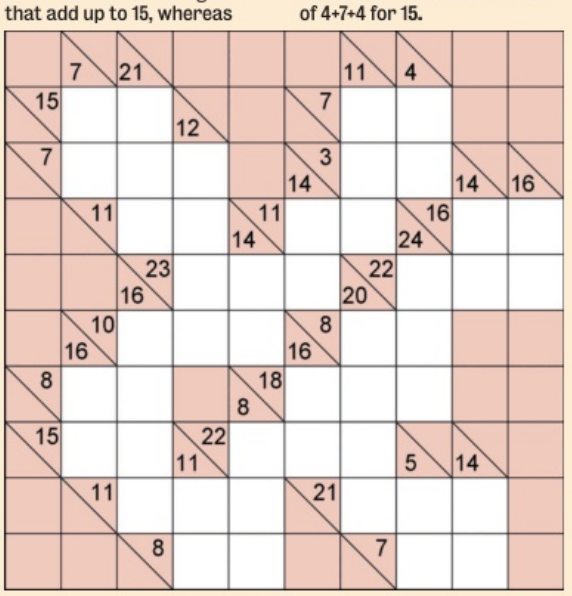
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

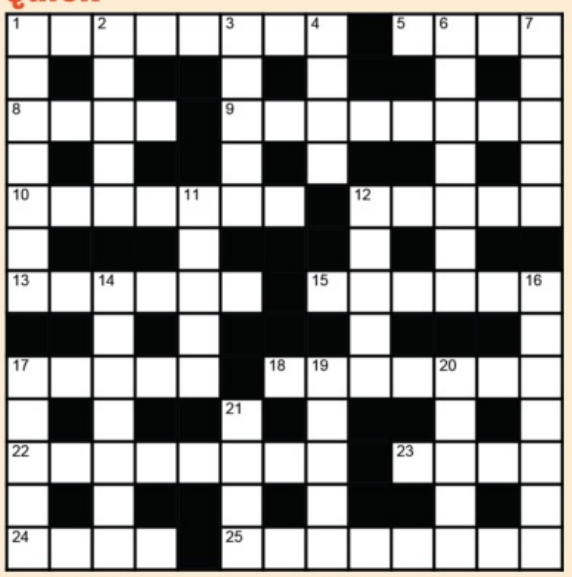


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Abbreviated, brief or terse (8)
5 Continent (4)
8 The hearing organs (4)
9 The pleasure principle (8)
10 Slot-machine restaurant (7)
12 Thigh bone (5)
13 Consume or ingest (4,2)
15 Tied up at a wharf (6)
17 Burn slightly (5)
18 In addition; moreover (7)
22 Silk fabric with knobbly surface (8)
23 Short skirt (4)
24 Twelve months (4)
25 Torments maliciously (8)

DOWN

1 Ex-England captain Alec ___ (7)
2 24 ___ gold : pure gold? (5)
3 Former India paceman Ashish ___ (5)
4 In neat order (4)
6 Shine tremulously (7)
7 City in Rajasthan (5)
11 American state–"a mine" anagram? (5)
12 Milled wheat? (5)
14 Official language of Karnataka (7)
16 Leaves the track and mostly crashes? (7)
17 Impudent, audacious or brash (5)
19 Exhorted (5)
20 Caribbean Republic (5)
21 Speechless (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: R EQUALS H

DNN LDQNYI JDS VO LFGKW-TOA FL RWJ ZRF RDI MOGLOXY XDABFQG.

Linemaro

Is there some magnet inside you?

Mindchow

When a child is born, so are grandmothers

Joke of the day

Why do guerillas have big nostrils? Because they have big fingers

Loop

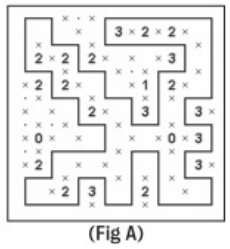
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

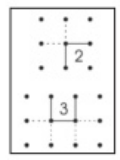
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

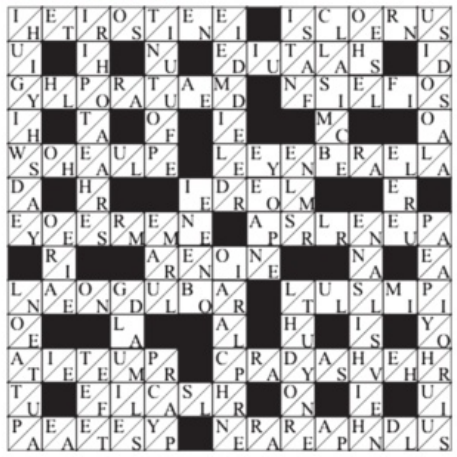


(Fig A)



(Fig B) Not Allowed

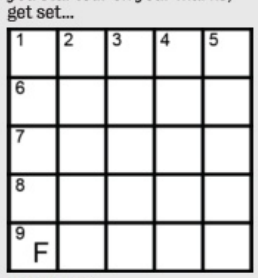
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

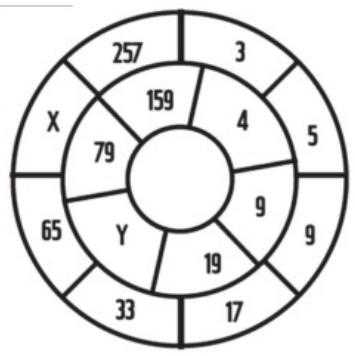
1 Scald; 6 Lohan; 7 Al Gem; 8 Ree ie; 9 Ferry

DOWN

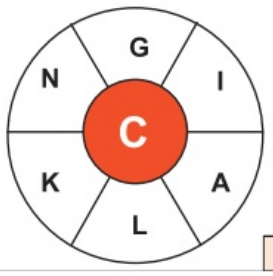
1 Fiche; 2 Realm; 3 A Lyra; 4 Geoid; 5 Ernes

Mensapuzzle

Give values forX and Y.



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

08 Average; **09** Good; **11** Outstanding

SudokuChallenge

		7	9			1	2	
							4	8
	5				8	7		
			8					4
5		6	2		3	9		1
1					5			
		4	1				8	
3	9							
	1	8			7	5		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

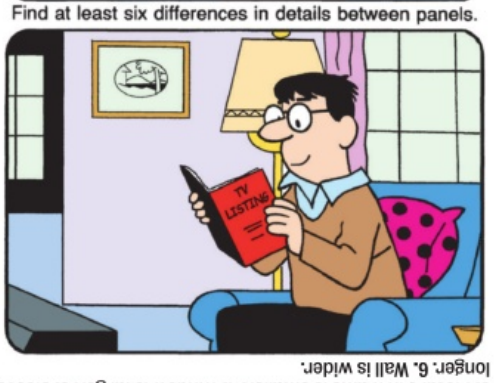
Easy = 45
1 5 6 8

Medium = 6
4 5 7 8

Hard = 10
4 7 7 6

Hocusfocus

Find at least six differences in details between panels.



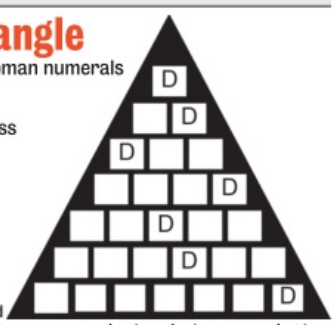
Differences: 1. Pillow is larger. 2. Lampshade is different. 3. Picture in frame is smaller. 4. Window is larger. 5. Sleeve is longer. 6. Wall is wider.

Riddler

How many minutes is it until 6 PM if 40 minutes ago it was four times as many minutes past 1 PM?

Alpha triangle

1 Five hundred in roman numerals
2 Short for Edward
3 Poor grade
4 Epitome of thinness
5 Senior in age
6 Commander
7 Green gem



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

MEDICINE MAN, YOU GOT ANYTHING FOR A HEADACHE ?
GOT JUST THE THING
IT'S MADE OF PICKLED LIZARD TONGUES
3-8
WOW! GREAT STUFF! MY HEADACHE'S GONE!
BUT YOU HAVEN'T TRIED IT YET !!
Casson

Bizarrotrip

Diamond Lil

I HAPPEN TO BE IN SPRING TRAINING FOR KITING
KITING SOUNDS LIKE FUN
OH, IT IS
HOW DO YOU TRAIN?
I WRITE HOT CHECKS EVERYWHERE
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Hart of the city

HEY, HEART! I BROUGHT OVER SOME OF MY OLD HALLOWEEN COSTUMES SO WE CAN FIGURE OUT YOUR THEME WEAR OUTFIT!
STORM TROOPER FROM "STAR WARS"?
TOO BOXY.
ELROND FROM "LORD OF THE RINGS"?
TOO FANTASY.
ROY BATTY FROM "BLADE RUNNER"?
WHAT A JACKET!! I THINK WE FOUND A WINNER!
HEART OF THE CITY © 2022 ANDREWS MCMEEL
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Crankshaft

ANOTHER THING WE SHOULD ASK FOR IN OUR CONTRACT NEGOTIATIONS IS A GUARANTEED NUMBER OF SNOW DAYS...
CENTERVILLE BUS GARAGE
3-15
WHETHER IT SNOWS OR NOT!
WAY TO ADDRESS CLIMATE CHANGE, ED!
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may feel dull; it is advised that you keep your mind cool. Follow the golden rule of thinking twice before you act. You may have to travel somewhere to recover some money, else you may lose it. You are also advised to avoid going on an adventurous tour. Students are advised to be thorough with their studies to get success.

Taurus Apr 21 – May 20
Today you may feel good and domestic harmony may make you happy. You may meet some influential person to get some benefits on the work front. You are likely to perform well at your job; you may expect some rewards in terms of promotions. Disputes over inherited property are likely to settle down.

Gemini May 21 – Jun 21
Today, you may be busy with kids; you may plan to invest in kids' future. You are likely to start some innovative project in a partnership. You may get some investments for your business, which will increase your business in the near future. You may also plan for higher studies to groom your career path.

Cancer Jun 22 – July 23
You may find yourself in a state of self analysis, which will bring some confidence in you. Your focus towards goals is now clear and you may get success in achieving them. Your creativity might improve and you will take interest in artefacts, movies, glamour and aesthetic objects. At the end of the day, you may be satisfied with your life. Your opponents may be under control now.

Leo Jul 24 – Aug 23
Today, you may help needy people around you. It will increase your reputation among your peers. New ideas may come into your mind; you are likely to help other people around you. You might implement some innovation into work, which may increase your business. Love birds may plan for an outing or some trip.

Virgo Aug 24 – Sep 23
Today, you may be busy with domestic issues. You may spend money in buying some artefacts or household items. You are advised to control spending on worthless items; otherwise it may attract negative energy in the house. You are also advised to control your harsh tone while speaking with the people around you.

Libra Sep 24 – Oct 22
Today your spiritual power may make you happy. Your way of thinking may be positive. You are inclined to spiritualism today. You may plan to visit some religious place. You may also take interest in the occult. You are likely to observe flawlessness in your nature. It is advised to keep your views to yourself or at best try to discuss it only with those who may understand your thoughts.

Scorpio Oct 23 – Nov 22
You may feel nervous and experience lack of patience. To seek peace, you may be attracted to the occult. It is advised that you follow your intuition before going ahead. You may also get in depth knowledge on a subject or you may have a good focus in your research.

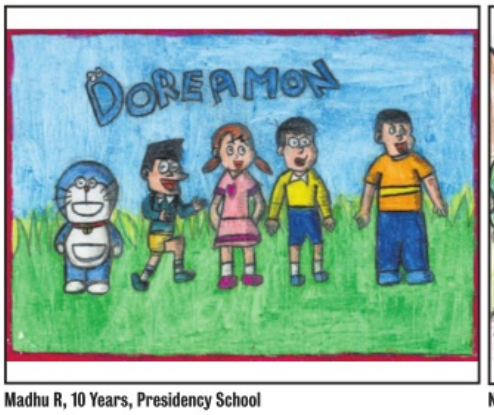
Sagittarius Nov 23 – Dec 22
Today, your moon is placed in a good position so you may expect some positive momentum in your professional and domestic life. There are likely to be some gains in terms of investments. You may get reciprocation for your help from friends and relatives. Your hard work may be rewarded in terms of success.

Capricorn Dec 23 – Jan 20
Today you may do better; kids' health is better now. You can plan to make some investments in your kids' future. You are likely to be more committed to your job. Job seekers may find a good job with the help of reference. You may be able to find your hidden enemies and with the help of blessings and may be able to counter them.

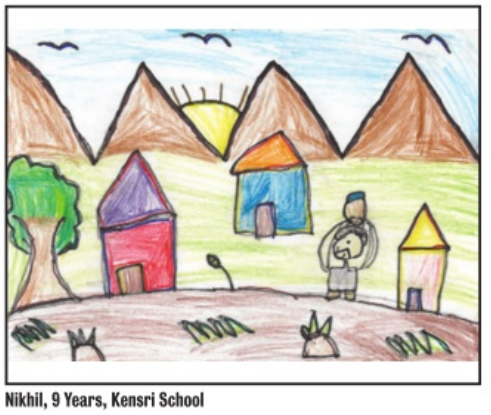
Aquarius Jan 21 – Feb 19
Today, your parents' health may be good. You may enjoy work and may get rewarded for your hard work. Your social status may be raised now. Overworking of your mind may make you tired, due to workload; you may not be able to reach some family event.

Pisces Feb 20 – Mar 20
Today, you may be satisfied at work. You may plan for a short work-related trip. You may also visit some religious places to maintain your inner peace. Your gurus may show you the right path, which may give you clarity regarding your goals.

KIDZONE



Madhu R, 10 Years, Presidency School



Nikhil, 9 Years, Kensri School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
Owners legs=2
Cooks legs=3*2=6
Servers legs=5*2=10
Tables legs=24*3=72
Chairs legs=4*4*24=384
Total number of leg excluding custom-er's=2+6+10+72+384=474
If there were 480 legs Then customer's legs will be 480-474=6
Therefore there were 6/2 = 3; 3 customers.

RIDDLER 52 minutes

BULL'S EYE
oaking, oian, oiang, oiank, oick, oing, oink, nick

FAST FIVE
LACKING, lick,

STRIKE OUT

QUICK

MENSA PUZZLE
X= 129. In the outer ring, moving clock-wise, each number is doubled and 1 sub-tracted from the result. Y= 39. In the inner ring, moving clockwise, each num-ber is doubled and 1 added to the result.

QUOTE UNCODE
All faults may be forgiven of him who has perfect candour.

SUDOKU

8	3	7	9	6	4	1	2	5
2	6	9	5	7	1	3	4	8
4	5	1	3	2	8	7	6	9
9	7	3	8	1	6	2	5	4
5	8	6	2	4	3	9	7	1
1	4	2	7	9	5	8	3	6
7	2	4	1	5	9	6	8	3
3	9	5	6	8	2	4	1	7
6	1	8	4	3	7	5	9	2

ALPHA TRIANGLE
D, Ed, Dee, Reed, Elder, Leader, Emerald.

GO FIGURE
Easy
Medium
5 x 8 – 1 + 6 = 45
Hard
8 – 5 – 4 + 7 = 6
7 x 4 / 7 + 6 = 10

LOOP

KAKURO

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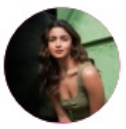

Hollywood calling- Alia Bhatt has jetted off to an undisclosed location for the shoot of her Hollywood debut project 'Heart of Stone'. The actor will star alongside some of the distinguished names in Hollywood like 'Wonder Woman' star Gal Gadot and 'Belfast' star Jamie Dornan

INTERVIEW SIDDHARTH, ACTOR

If social media is not toxic, why go for digital detox?

In 2022, actor Siddharth is making a big splash on OTT with the new show Escaype Live. In a conversation with **ETimes**, Siddharth talks about his tryst with social media, trolls and staying positive. Excerpts:

How do you feel about these new opportunities coming your way?
It's a great time to be an actor in India. Earlier we had a passive existence where somebody had to think of you and for that they would have to first write something that works for you as an actor. I have been acting for 20 years and the biggest difference that has happened is that now irrespective of language, region, or distance, when you have a body of work that people know, then they write an interesting character that automatically reaches you.

Do you think the divide between North and South industries exists because of the language barrier?
If you look at my interviews during 2005-2006, I had said that, before we talk about crossing over to the West, why don't you cross over within this country? There is so much that the audience is missing out because of the language barrier. I used to do three films at a time, one in Tamil, one in Telugu and one in Hindi. That time too, I would get asked what's the difference. My answer has been the same; for an actor, there is no difference.
You're in front of a camera, performing for an audience. If the script moves you and the director guides you, it will make your performance.

How important is social media in today's times?
Social media is as much a boon as a bane. Any tool in modern civilisation comes with good and bad in equal parts. Social media is developing at a much faster speed than the development of the controls that are needed for it. I think every individual needs to make that call whether they want to or don't want to be a part of social media. I think it is dangerous to say that everybody must be on social media and must deal with whatever consequences arise. Individuals must protect themselves. And I am very concerned that our children are not particularly being protected from social media. I have been discussing how we can put safety measures and ways to orient children into social media as opposed to throwing them into the deep end.

You have an outspoken social media personality. How do you deal with the trolls?
An individual must learn to self-preserve. Nothing in your world happens without it taking a little bit of you from you. I think you should be able to measure how toxic your life is becoming because of this influence. There's a reason why they call it social media detox. Because, if it is not toxic, then what are you being detoxed for? There's a toxic element to social media.
If I think social media and its users are invading my mental space and calmness and way of looking at the future, I step back. I do that as and when it's possible and come back. That's how the world usually works.

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